



Let us help you get your *dhucks* in a row...

*Tips & Tricks*

**June 2009**

Welcome to *Dhucks' Tips & Tricks*

### Stage Six: Prevent

Stage One: **Clarify** what you really want

Stage Two: **Let Go** of what doesn't work for you

Stage Three: **Sort** like with like

Stage Four: **Organize** to improve access & create space

Stage Five: **Maintain** the order and space you've created

Stage Six: **Prevent**

You've put in a lot of work on your organizing project. You've created the space to enjoy your things and you've put in the time to maintain what you have. But what about *new* items? How do you bring in new items and **prevent** your hard work disappearing under clutter again? Here's where being aware of behaviors and habits that increase the potential for clutter is important.

Do you pick up 'bargains' at garage sales? Do you take freebies or informational fliers at fairs/expos? You might even take those cute little bottles of shampoo and soaps at the hotels. Identify how your clutter comes into your space and next time ask yourself these questions before you buy or take it:

- Will I use it?
- Do I really want it?
- Where will I put it?
- Do I have the room for it?
- When will I put it away?
- How will I remember I have it?
- **What can I let go of so that I can bring this item in?**
- Why is it important to me to have it?
- What is the real cost of bringing it home? (Space, energy, time)

Whether you ask one of the questions above or all, before you bring another item home, make sure that you are consciously making the choice to bring it home, not just falling into old habits and behaviors. Awareness and intention are what's important.

Shawndra

*If you do what you've always done, you will get what you've always gotten.*

*~Anthony Robbins*



Visit us on the web at [www.dhucks.com](http://www.dhucks.com)

This newsletter is a service of *Dhucks*.