



Let us help you get your *dhucks* in a row...

Tips & Tricks

June 2008

Welcome to ***Dhucks' Tips & Tricks***

Get Prepared

It's June and hurricane season has officially arrived, so it's an opportunity for those of us who might experience a hurricane (or earthquake, or lava, or tsunami, or tornado, or flooding, or... you get the picture) to get prepared.

Keep it simple to begin with and build from there.

- **Get a Kit** Do you have an emergency kit? If you don't have one, don't stress or give up. Start small. Start with a bag or a box and put a flash light or a first aid kit in it. Each week, add one more item.

If you have a kit already, **have you checked it lately?**

For a list of supplies to put in your kit, check out the *Dhucks'* [emergency go-kit](#).

- **Make a Plan** Do you and your family know where to meet or who to call if you are separated in an emergency or disaster? For a family contact plan, check out the *Dhucks'* [family contact sheet](#).

If you don't know how to start this discussion with your kids check out www.ready.gov/kids.

- **Be Informed** Do you know where you can get information on your local hazards? Or where you could go for more information if there was an emergency in your area? Check out some of the on-line resources I've listed [here](#).
- **Get Involved** Once you and your family are prepared, you might consider getting prepared to help out your community through the [Citizen Corp](#) or the [American Red Cross](#). Even your local animal shelter might need your help in an emergency.

Whether you stock up on toilet paper, get fresh batteries, check your emergency water & food, or discuss the options with your family, **get prepared NOW**. Don't stand in line at the store the day before the hurricane arrives buying these supplies.

Meanwhile, have some fun and enjoy life,

Shawndra



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