



Let us help you get your *dhucks* in a row...

Tips & Tricks

May 2008

Welcome to ***Dhucks'* Tips & Tricks**

Keep the Memories, Leave the Stuff

Yes, this newsletter is a few days early, but I'm on my way to Montana to follow some of my own advice. My mom died last week and I'm off to help my brother go through her things. My goal is to come back with only memories. I may bring a few items back that I can enjoy and use today, but if it's going to stay in a box until "someday," then I'm going to let it go.

I know there will be many reminders of wonderful times together, and stories filled with fun & laughter. I want to **keep the memories**, not collect the clutter. So I'm bringing a beautifully bound journal in which I'll write those stories. As I go through my mom's things, I'll journal what I remember and take a picture, which I will later add to my journal entry. Sure, it may slow the sorting process, but I want to remember the fun times; the wonderful times; the 'oh, I can't believe I remembered this' times; or even 'do you remember when we used to...' times. I will end up laughing and crying, but I see it as a celebration of my mom's life, not just clearing away her things.

Whether you use this method to remember the stories behind the clutter or find another way to **keep the memories** and **leave the stuff**, have fun and enjoy life.

Shawndra



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